

Applies to: all CFSC members Implementation Date: 2023-24 season Revision Date: *January 2024*

Policy Statement - The purpose of this Code of Conduct is to outline the expectations of all CFSC members with regards to providing a safe sport environment in which all individuals and groups are treated with respect and dignity in an environment valuing diversity, equity, and inclusion. This policy has been developed in accordance with the corresponding Codes developed by our provincial and national sports organizations: Skate Ontario and Skate Canada.

Scope - This Code applies to all individuals during CFSC business, activities, and events, including but not limited to: practices, competitions, events, training camps, ice shows, meetings, and other volunteer opportunities.

General - It is expected that all CFSC members have a responsibility to:

- demonstrate respect to all individuals and groups, which includes:
 - i. acting, when appropriate, to prevent or correct practices that are unjustly discriminatory;
 - ii. demonstrating the spirit of sportsmanship, sport leadership and ethical conduct;
 - iii. avoiding public criticism & using appropriate channels to communicate concerns;
- ensure the adherence to the rules of the sport;
- refrain from any behavior that constitutes harassment, where harassment is defined as negative comments or conduct directed towards an individual or group which is offensive, abusive, racist, sexist, degrading, or malicious;
- respect the property of others and not willfully cause damage;
- adhere to all federal, provincial, municipal laws;
- comply at all times with CFSC, Sk Ont & Sk Can by-laws, policies, procedures, rules and regulations
- promote the sport of ice / figure skating in a positive and constructive manner

Board and Committee Members should:

- be aware of any conflicts of interest
- respect and support all decisions made by the Board/committee whether or not they may have had a dissenting opinion
- unless otherwise authorized by the President, refrain from speaking publicly in a manner which may be perceived as a formal representation of the organization
- maintain confidentiality on all matters discussed during meetings (including votes) except as disclosed in the minutes of any such meeting or as otherwise made public



Coaches will:

- be a positive role model and demonstrate the characteristics of respect, courtesy, honesty, integrity, fairness and dependability
- encourage skaters to learn and uphold the rules of the sport
- maintain the best interests (including physical and emotional) of each individual athlete at all times and not disadvantage one skater to promote another
- communicate regularly with skaters and their parents/guardians with regards to realistic goals and progress as well as any other matters concerning the skater's participation in the sport

Parents/Guardians, Program Assistants, Volunteers, and Spectators will:

- \rightarrow be respectful and supportive of all athletes, coaches, officials, volunteers and staff;
- → accept and respect the decisions & judgements of the officials, coaches, Board members and encourage athletes to do the same;
- → have respect for others and resolve any conflicts in an appropriate manner pursuant to the CFSC's General Dispute Reporting and Resolution Policy;
- → stress the importance of participation and remember that athletes are involved for their own enjoyment & development and not for any other purpose;
- \rightarrow maintain a supportive, positive, and constructive atmosphere at all times

Skaters will:

- ★ Remember at all times that they represent Cochrane FSC, Skate Ontario & Skate Canada
- ★ Report any medical or fitness problems to the coach(es) in a timely fashion
- ★ Be aware, cautious, and considerate of everyone on the ice. Within each session, there are a variety of skating levels sharing the same ice and everyone is entitled to skate and learn.
- ★ Demonstrate safe and courteous behaviour both on and off the ice; follow established 'right of way' procedures (spin in the middle, jump at the ends, get up quickly after a fall, yield to skater in lesson or doing their solo, follow the set schedule/circuit for each session)
- ★ Obey specific safety measures including:
 - Mandatory wearing of a CSA approved helmet if not passed Stage 5 CanSkate
 - Food, drink, gum are not permitted on the ice. (Non-glass)Water bottles must be left at the boards.
 - Foul language, yelling, abusive or aggressive behaviour (including kicking or picking holes and the intentional making of "snow") is prohibited.
 - Pushing, tripping, horseplay, tag, racing or intentional interference with other skaters is not permitted on the ice.
 - Proper skating attire should be worn by all skaters on all sessions (*non-baggy athletic pants or leggings, tights/skating dresses or skirts, skating pants*). Long hair should be tied back.
 - Not leaving the ice surface during a session unless absolutely necessary; obtain a coach's permission before leaving the ice.
 - Watch for zamboni door to close before getting on to the ice and clear the ice promptly at the end of the session.
- ★ Support their fellow skaters during regular sessions, assessment days, competitions/events.